精神疾患の疫学：甲府調査

甲府調査

要旨：A structured interview was used to examine the one-year incidence and prevalence of depression among 116 first-year university students. While 24 of the subjects (20.7%) met the Diagnostic and Statistical Manual of Mental Disorders 4th ed. (DSM-IV) criteria for Major Depressive Episode (MDE), 62 (53.4%) met the Diagnostic and Statistical Manual of Mental Disorders 3rd ed. Revised (DSM-III-R) criteria for MDE, and 27 (23.3%) also met the Research Diagnostic Criteria (RDC) for Major Depressive Disorder (MDD) for the 12 months prior to the interview. Moreover 23 of the subjects (19.8%) had onset of the DSM-IV criteria for MDE, 54 (46.6%) had onset of the DSM-III-R criteria for MDE, 24 (20.7%) had onset of the RDC for MDD, during the same time period. These high rates of depression may be explained by the students' difficulties in and by their readjustment after entering university.

特徴：TOSHI という構造化面接を用いて調査面接を実施し、DSM-III-R のに従って精神科診断を下した。TOSHI はこの研究のために国立精神・神経センター精神保健研究所社会精神保健部で開発した構造化面接で、精神疾患の診断に加え、さまざまな心理社会的項目が聴きだせるように編集してある。

Table 1 Lifetime prevalence (%) of DSM-III-R disorders according to age and sex in a community sample in Japan

age(yrs)	N	GAD	PAN	MDE	DYS	MAN	PHOB	OCD	overall
18-34	(29)	0.0	0.0	27.6	3.4	0.0	6.9	0.0	34.5
male	(11)	0.0	0.0	18.2	0.0	0.0	9.1	0.0	18.2
female	(18)	0.0	0.0	33.3	5.6	0.0	5.6	0.0	44.4
35-44	(38)	2.6	2.6	18.4	2.6	2.6	5.3	0.0	23.7

male	(15)	0.0	6.7	13.3	0.0	0.0	6.7	0.0	20.0
female	(23)	4.3	0.0	21.7	4.3	4.3	4.3	0.0	26.1
45-54	(31)	0.0	3.2	9.7	3.2	0.0	0.0	0.0	12.9
male	(14)	0.0	0.0	7.1	0.0	0.0	0.0	0.0	7.1
female	(17)	0.0	5.9	11.8	5.9	0.0	0.0	0.0	17.6
55-64	(51)	2.0	0.0	11.8	2.0	2.0	2.0	0.0	17.6
male	(22)	4.5	0.0	4.5	0.0	4.5	0.0	0.0	13.6
female	(29)	0.0	0.0	17.2	3.4	0.0	3.4	0.0	20.7
65+	(71)	2.8	0.0	8.5	1.4	0.0	4.2	0.0	12.7
male	(34)	2.9	0.0	2.9	0.0	0.0	2.9	0.0	5.9
female	(37)	2.7	0.0	13.5	2.7	0.0	5.4	0.0	18.9
total	(220)	1.8	0.9	14.0	2.3	0.9	3.6	0.0	18.6
male	(96)	2.1	1.0	7.3	0.0	1.0	3.1	0.0	11.5
female	(124)	1.6	0.8	18.5	4.0	0.8	4.0	0.0	24.2

GAD = Generalized Anxiety Disorder　全般性不安障害　　PAN = Panic Disorder　パニック障害　　MDE = Major Depressive Episode　大うつ病エピソード　DYS = Dysthymia　気分変調性障害　MAN = Manic Episode　躁病性エピソード　PHOB = Phobic Disorder　恐怖性障害　OCD = Obsessive-Compulsive Disorder　強迫性障害

Table 2 Twelve-month incidence (%) of DSM-III-R disorders according to age and sex in a community sample in Japan

age (yrs)	N	GAD	PAN	MDE	DYS	MAN	PHOB	OCD	overall
18-34	(29)	0.0	0.0	3.4	-	0.0	0.0	0.0	3.4
male	(11)	0.0	0.0	0.0	-	0.0	0.0	0.0	0.0
female	(18)	0.0	0.0	5.6	-	0.0	0.0	0.0	5.6

35-44	(38)	0.0	0.0	2.6	-	0.0	2.6	0.0	5.2
male	(15)	0.0	0.0	0.0	-	0.0	0.0	0.0	0.0
female	(23)	0.0	0.0	4.3	-	0.0	4.3	0.0	8.7
45-54	(31)	0.0	0.0	0.0	-	0.0	0.0	0.0	0.0
male	(14)	0.0	0.0	0.0	-	0.0	0.0	0.0	0.0
female	(17)	0.0	0.0	0.0	-	0.0	0.0	0.0	0.0
55-64	(51)	0.0	0.0	2.0	-	0.0	0.0	0.0	2.0
male	(22)	0.0	0.0	0.0	-	0.0	0.0	0.0	0.0
female	(29)	0.0	0.0	3.4	-	0.0	0.0	0.0	3.4
65+	(71)	1.4	0.0	4.2	-	0.0	1.4	0.0	5.6
male	(34)	2.9	0.0	2.9	-	0.0	0.0	0.0	2.9
female	(37)	0.0	0.0	5.4	-	0.0	2.7	0.0	8.1
total	(220)	0.5	0.0	2.7	-	0.0	0.9	0.0	3.6
male	(96)	1.0	0.0	1.0	-	0.0	0.0	0.0	1.0
female	(124)	0.0	0.0	4.0	-	0.0	1.6	0.0	5.6

Abbreviated names of mental disorders are the same as in Table 1.

Note: The 12-month incidence of Dysthymia (DYS) was not examined because a duration of at least two years is required for the diagnosis of the disorder.