精神疾患の疫学:岐阜調査

## 岐阜調査

Kawakami, N., Shimizu, H., Haratani, T., Iwata, N., and Kitamura, T.: Lifetime and six-month prevalence of DSM-III-R and ICD-10 psychiatric disorders in an urban community in Japan (submitted)

要旨: Cross-national psychiatric epidemiology has revealed much diversity of prevalence of psychiatric disorders across countries. We conducted a community-based interview survey of a random sample of residents aged 20 years or over in an urban city in Japan, using a standard psychiatric diagnostic instrument, UM-CIDI to know prevalence demographic correlates of selected psychiatric disorders, i.e., mood disorders, anxiety disorders and alcohol abuse/dependence according to DSM-III-R and ICD-10. The final sample consisted of 1,029 respondents (response rate, 57%). We observed lower life-time and six-month prevalence rates of any of the selected disorders. Men had a greater prevalence of DSM-III-R and ICD-10 alcohol abuse (harmful use) and dependence than women; younger respondents had a greater risk of DSM-III-R GAD and alcohol dependence. ICD-10 dysthymia was most prevalence among those aged 50-64 years old. A younger birth cohort group was more likely to have major depression, dysthymia, GAD and alcohol dependence according to DSM-III-R and ICD-10. We confirmed lower prevalence rates of psychiatric disorders in Japan than Western countries in our community-based survey, which were also previously observed in Hong Kong and Taiwan, slightly different from Korea. Patterns of demographic correlates seemed similar with those observed in Western countries. A somewhat unexpected increase of dysthymia among the middle-aged may reflect a recent problem in child-parent relationship in Japan.

特徴: CIDI という構造化面接を用いて調査面接を実施し、DSM-III-R および ICD-10 に従って精神科診断を下した。CIDI は WHO が精神 科疫学調査用に開発した構造化面接である。

Table 2. Lifetime prevalence of selected psychiatric disorders in an urban community in Japan (Gifu city, Japan, 1997-1999)

| Total    | Gender  |         | Age     |         |         |         |
|----------|---------|---------|---------|---------|---------|---------|
| (n=1029) | Men     | Women   | 20-34   | 35-49   | 50-64   | 65+     |
|          | (n=451) | (n=578) | (n=182) | (n=260) | (n=313) | (n=274) |

| DSM-III-R:                              |          |          |          |          |          |          |         |  |  |
|---|----------|----------|----------|----------|----------|----------|---------|--|--|
| Bipolar disorder (296.4x-5x)            | 0.1(1)   | 0.2(1)   | -        | -        | 0.4(1)   | -        | -       |  |  |
| Major depression (296.2x-3x)            | 2.9 (30) | 3.1 (14) | 2.8 (16) | 3.3 (6)  | 2.7 (7)  | 3.5 (11) | 2.2 (6) |  |  |
| Dysthymia (300.40)                      | 1.4 (14) | 1.1 (5)  | 1.6 (9)  | 2.8 (5)  | -        | 1.6 (5)  | 1.5 (4) |  |  |
| Panic disorder (300.01)                 | 0.5 (5)  | 0.4(2)   | 0.5 (3)  | 0.6(1)   | -        | 0.6(2)   | 0.7(2)  |  |  |
| GAD (300.02)                            | 1.4 (14) | 1.8 (8)  | 1.0 (6)  | 3.3 (6)  | 1.9 (5)  | -        | 1.1 (3) |  |  |
| Alcohol abuse (305.00) excl. dependence | 3.5 (36) | 7.1 (32) | 0.7 (4)  | 1.7 (3)  | 3.5 (9)  | 5.1 (16) | 2.9 (8) |  |  |
| Alcohol dependence (303.90)             | 4.1 (42) | 8.4 (38) | 0.7 (4)  | 7.1 (13) | 4.6 (12) | 3.8 (12) | 1.8 (5) |  |  |
| ICD10:                                  |          |          |          |          |          |          |         |  |  |
| Manic episode (F30.0-2)                 | 0.1(1)   | 0.2(1)   | -        | -        | 0.4(1)   | -        | -       |  |  |
| Depressive episode (F32.0-3)            | 4.6 (47) | 4.0 (18) | 5.0 (29) | 6.6 (12) | 5.0 (13) | 5.1 (16) | 2.2 (6) |  |  |
| Dysthymia (F34.1)                       | 2.8 (29) | 2.2 (10) | 3.3 (19) | 2.2 (4)  | 1.5 (4)  | 5.1 (16) | 1.8 (5) |  |  |
| Panic disorder (F41.0)                  | 0.3(3)   | 0.2(1)   | 0.4(2)   | -        | -        | 0.6(2)   | 0.4(1)  |  |  |
| GAD (F41.1)                             | 2.8 (29) | 2.7 (12) | 2.9 (17) | 2.8 (5)  | 2.3 (6)  | 3.5 (11) | 2.6 (7) |  |  |
| Harmful use- alcohol (F10.1) excl.      | 3.1 (32) | 6.7 (30) | 0.4(2)   | 1.1 (2)  | 3.1 (8)  | 4.8 (15) | 2.6 (7) |  |  |
| dependence                              |          |          |          |          |          |          |         |  |  |
| Dependence- alcohol (F10.2)             | 1.9 (20) | 4.0 (18) | 0.4(2)   | 3.9 (7)  | 1.5 (4)  | 2.2 (7)  | 0.7 (2) |  |  |

Table 3. Six-month prevalence of selected psychiatric disorders in an urban community in Japan (Gifu-city, Japan, 1997-1999)

| Total    | Gender  |         | Age     |         |         |         |  |
|----------|---------|---------|---------|---------|---------|---------|--|
| (n=1029) | Men     | Women   | 20-34   | 35-49   | 50-64   | 65+     |  |
|          | (n=451) | (n=578) | (n=182) | (n=260) | (n=313) | (n=274) |  |

DSM-III-R:

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| Bipolar disorder (296.4x-5x)       | -        | -        | -        | -        | -        | -       | -       |
|------------------------------------|----------|----------|----------|----------|----------|---------|---------|
| Major depression (296.2x-3x)       | 1.2 (12) | 0.9 (4)  | 1.4 (8)  | 0.5 (1)  | 0.8 (2)  | 1.9 (6) | 1.1 (3) |
| Dysthymia (300.40)                 | 0.6 (6)  | 0.7(3)   | 0.5 (3)  | 1.1(2)   | -        | 1.0(3)  | 0.4(1)  |
| Panic disorder (300.01)            | 0.3 (3)  | 0.2(1)   | 0.3 (2)  | 0.5 (1)  | -        | 0.3(1)  | 0.4(1)  |
| GAD (300.02)                       | 0.8 (8)  | 0.7(3)   | 0.9 (5)  | 1.1(2)   | 1.2 (3)  | -       | 1.1 (3) |
| Alcohol abuse (305.00)             | 1.6 (16) | 3.3 (15) | 0.2(1)   | 1.6 (3)  | 1.5 (4)  | 2.2 (7) | 0.7(2)  |
| Alcohol dependence (303.90)        | 3.6 (37) | 7.5 (34) | 0.5 (3)  | 6.6 (12) | 4.6 (12) | 2.9 (9) | 1.5 (4) |
| ICD10:                             |          |          |          |          |          |         |         |
| Manic episode (F30.0-2)            | -        | -        | -        | -        | -        | -       | -       |
| Depressive episode (F32.0-3)       | 1.7 (18) | 0.9 (4)  | 2.4 (14) | 1.6 (3)  | 2.3 (6)  | 2.2 (7) | 0.7(2)  |
| Dysthymia (F34.1)                  | 1.0 (10) | 0.9 (4)  | 1.0 (6)  | 1.1(2)   | 0.4(1)   | 1.9 (6) | 0.4(1)  |
| Panic disorder (F41.0)             | 0.1(1)   | -        | 0.2(1)   | -        | -        | 0.3(1)  | -       |
| GAD (F41.1)                        | 1.4 (14) | 1.1 (5)  | 1.6 (9)  | 1.6 (3)  | 1.5 (4)  | 1.0(3)  | 1.5 (4) |
| Harmful use- alcohol (F10.1) excl. | 1.0 (10) | 2.2 (10) | -        | 0.5 (1)  | 0.8 (2)  | 1.9 (6) | 0.4(1)  |
| dependence                         |          |          |          |          |          |         |         |
| Dependence- alcohol (F10.2)        | 1.7 (17) | 3.5 (16) | 0.2(1)   | 3.3 (6)  | 1.5 (4)  | 1.6 (5) | 0.7(2)  |